



# THE CONGREGATOR

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Photo Credit: Matthew Strobel

## *Musings*

As I sit to write, my time with you is half over – six Sundays gone; six remain. (And baby William is six weeks old.) It has been a unique joy to worship with you during this time. I'm especially grateful to the Music Committee. When we started out, your new Music Director had been hired to start on June 5 – my final Sunday here! The Music Committee had been doing yeoman's work filling in, with many capable members of the congregation providing a broad variety of fine music for worship. We were fortunate to look ahead and be able to find two local area "stars on the organ" to supplement the musical experience and provide wonderful support for the faithful choir members. Thank you, Nancy Wines-DeWan and Ray Cornils!

With the approval of both the Ministry of Worship and Covenant and the Music Committee, I invited the Outreach Ensemble of Women in Harmony to provide music on May 22. While not a "religious entity" the Women in Harmony Ensemble's a cappella repertoire focuses on many themes we Congregationalists hold dear – peace, justice, love, and shared community responsibility. You will find meaning in their music.



Continued on next page

As someone who has spent a lot of time over the years involved in the UCC in the local, Association, Conference, and National settings, it warms my heart to spend time with a local congregation, seeing the ways you connect to and support the community in and around Falmouth, providing witness to the love of God for all people. Providing a space for groups to raise funds to support Ukraine, not to mention making your church bus available for asylum seeking families to get to necessary hearings in Boston are two examples of wonderful outreach. All the while, you pay close attention to the needs within your congregation, both personal and structural. You are a fine congregation...community of faith...ardent followers of Jesus. Blessings.

See you in church, Pastor Diane

## COUNCIL

### Corner

### *A Message from our Moderator*

Hi,

Happy Spring! Well at least the calendar says it is spring, but my yard hasn't quite caught on yet. My flowers and I are anxiously awaiting some warmer temperatures!

There is such a nice buzz around the Church with so many wonderful things going on including the monthly bread baking to raise money for Missions. I hope you will participate by volunteering to help bake bread and/or buying a loaf or two or three. I had the privilege of helping Alyce Graves bake bread in April. I had so much fun and learned a few things about baking bread. The Council appreciates her very generous talents.

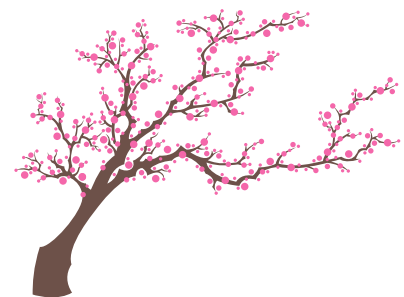
Keeping in the theme of food, the Council approved a subcommittee to organize a good old fashioned church picnic on June 12th to celebrate some special events in our Church. I am sure there is already information about that in this Congregator so I won't steal anyone's thunder. Peggy McGehee, Paul Davis and Nancy Lightbody are on the subcommittee. Let them know if you would like to help.

Hopefully everyone has picked up a sticker with our new Church logo. I think we can all agree it is fresh and modern and yet ties to the architecture of our Church.

I will close with a financial update. We finished Q1 with a net loss of about \$2k. We were right on track with total income of \$69k but expenses were slightly above budget due to higher than expected heating oil costs.

Many blessings,

Kim Hendry, Moderator, khendry1972@gmail.com, 207-756-9343



# Church Picnic ~ June 12th



This coming June 12 we will have much to celebrate and several people to honor: Pastor Amelia's return; Kristen's years of service as our Christian Education Director, on her last day; and Janice Stover's arrival as our new Music Minister. And there are our children to celebrate, as June 12 is the last day of Kid's Church for the summer.

To that end, the Council has appointed a June 12 Picnic Committee to put on a church-wide celebratory picnic.

The plan is to hold the picnic on tables outdoors. There will be some pop-up tents, but if it rains, we will hold the picnic indoors in Beinema Hall.

The menu is: grilled chicken and hot dogs; homemade (that is, church-kitchen-made) bread; a make-your-own salad bar, and rhubarb-strawberry crisp (provided by volunteer crisp-makers, using a provided recipe) for dessert, with ice cream. (We will have gluten-free bread and crisp options.) There will be balloons and kid games (red light/green light, anybody?) and tributes to our honorees.

To help us estimate how much food to prepare and how many tables to set up, could you let us know if you plan to come? You can do that by either writing your name in one of the balloons on the poster in Fellowship Hall, or by e-mailing Nancy Lightbody at [nancy@lightbody.org](mailto:nancy@lightbody.org).

We need about a dozen volunteers to cook, to set up, and to clean up. If you would like to volunteer for any of these tasks (some tasks would be on Friday; some on Saturday; and some on Sunday), please also add your name to the volunteer list on the poster, or e-mail Nancy. Thank you!

We trust that pandemic conditions will have improved enough so everyone can attend, but if not, we will modify the picnic plan accordingly. Let's all be hopeful, however, that we can break (picnic) bread safely then!

Sincerely, the June 12 Picnic Committee

Paul Davis, Alyce Graves, Nancy Lightbody & Peggy McGehee Horton

**MINISTRY OF**  
*missions*  
**Socks for the Homeless**



In a letter to our church from Mark Swann, the Executive Director of Preble Street: "On behalf of the Board of Directors, staff, and the hundreds of people we serve each day, thank you so much for your recent gifts of socks."

Unbelievable but true: In the last four months people in our church have donated 170 pairs of white cotton socks!! You have made a BIG difference in helping people who benefit from the Preble Street Resource Center and would like warm dry feet without infections. Thank you very much!

**Loaves of Love**

Our next Bread Baking Day will be Saturday, April 30th, from 10:00 a.m. -2:00 p.m., with pick-up at the church on Sunday, May 1.

We will be making Brioche with all proceeds going to the World Central Kitchen feeding Ukrainian refugees. The bread sign-up sheet is just outside the sanctuary, or contact Alyce via text or phone: (774) 413-0547

Church volunteers continue to bake loaves of bread once a month to serve at Communion and also as a thank-you to anyone who donates to current Church missions. After April 30, the next Bread Baking Day will be Saturday, June 4, with all proceeds going to the Strengthen the Church mission offering on Sunday, June 5.

Please contact Alyce if you would like to make a contribution for that mission and receive a loaf of bread, or sign up after church. The loaves will be available for pickup and your donation in Fellowship Hall on Sunday morning, June 5.



Thank you for your continued support of Family Promise of Greater Portland and its mission of supporting homeless families, many of whom are seeking asylum. In the past month we were able to contribute \$2,000 to this program, along with the many rolls of quarters for doing laundry and the Hannaford gift cards you donated. Thank you!

**Special Missions:**  
**One Great Hour of Sharing**

Many thanks to those who donated to this "5 for 5" mission of the United Church of Christ. One Great of Sharing supports international programs of health, education, agricultural development, relief, and refugee assistance in more than 80 countries (including Ukraine).

Loaves of Love has raised over \$633.00 for this ministry, and an additional \$145.00 was donated by others in our church. Thank you very much!



**MINISTRY OF**  
*missions*



Many many thanks to all who have donated soup and dried beans to the Falmouth Food Pantry. We don't know who you are and we are sorry we aren't able to thank you personally, but please know you have BEAN good neighbors and many families have already appreciated your SOUPer help!

What game do fish like playing the most?

NAME THAT TUNA.

What did the tuna fish achieve after passing her exams?

SHe was an honored roll.

What did the tuna say when he posted bail?

I'M OFF THE HOOK.



What a wonderful opporTUNAty for all of us! Our church will be collecting cans of tuna fish during the months of May, June, and July. If you would like, please put cans of TUNA FISH into the collection bin outside Fellowship Hall, and they will be given to very grateful Food Pantry families. We are forTUNAtate that so many of you want to help others, and we know that you have the TUNAcity to do so. Let's try this!

The Falmouth Food Pantry continues to do an entirely doorstep delivery distribution system. Boxes of food are being packed at the Pantry and delivered by volunteers to all area families. If you have questions or know someone with an urgent need, please call Nancy at 776-0081. Thank you for your continuing support.

*Strengthen the Church*

This "5 for 5" mission offering helps develop spiritual life in our youth and young adults, establish new churches, and awaken new ideas in existing churches. Strengthen the Church funds will also be used to award grants to help congregations communicate the "God is still speaking" message.

Your donations will be collected on Pentecost Sunday, which is 50 days after Easter and falls this year on June 5, 2022.

Alternatively, please make a contribution to this far-reaching ministry by sending a check to "Falmouth Congregational Church" (267 Falmouth Road, Falmouth, ME 04105) with "Strengthen the Church" mentioned in the memo line.

*Maine Needs*



In a letter to our church from Angela Stone, Founder and President of Maine Needs:

"You heard about local families and individuals who need the basics. And you didn't stand by. You showed up for our neighbors. . . . Maine Needs is entirely volunteer run, which means we make sure that every donation goes to help as many Mainers as possible. Thank you for being part of the Maine Needs community."



# EASTER EGG HUNT 2022







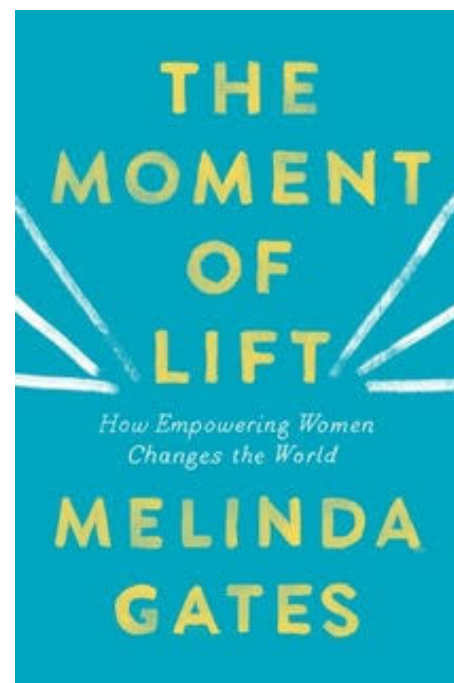
## MINISTRY OF *community life*

### *Women's Spiritual Book Group*

As described by reviews: 'The Moment of Lift: How Empowering Women Changes the World', Melinda Gates makes a bold claim: when we lift up women, we lift up humanity. After years of travel, humanitarian work and extensive research, Gates introduces us to the women she's met along the way. Their stories are brutally honest, gut-wrenching, inspiring and triumphant. They show us how, time and time again, empowered women rise up and bring their families and communities with them.

Collectively, we also decided to continue meeting by Zoom through June and to consider returning to in-person or a hybrid meeting model next fall. Our Zoom link remains the same from month to month, so save it to your desktop for easy access! Email the office for the link.

We are a lively, engaging and welcoming group that enjoys new faces. Please feel free to join us or contact Cathy Bowden at [cathybbowden@gmail.com](mailto:cathybbowden@gmail.com) or 776-5543 with questions.



## CHURCH

## family news

*We Lift in  
Prayer...*

- Please pray joyfully with Jack Gervais, our wonderful teen who helps provide virtual church service, because he was inducted into the National Honor Society!!
- Please pray for Donna Cheney, Charlie Harriman's dear friend.
- Please pray lovingly for the Genese and Christy family as Laura's father Roland "Bud" Christy went into his eternal rest on April 4. Please send cards of comfort to her at: 181 Hurricane Rd. Falmouth, Me 04105
- Please pray comfortingly for Paul Davis' sister-in-law, Ellen (his brother Carl's wife), who has cancer and has just been placed in hospice care. Cards of care may be sent to: 36 Wellwood Rd. Portland, Maine 04103
- Please pray joyfully for Morgan (Allen) and Noah Barney who are expecting a baby in June of 2022!
- Please pray joyfully for Allyssa, Cameron, and Lucas Mathieu: they are expecting a new baby in June!
- Please pray gratefully and joyfully as Pastor Amelia and her family welcomed their new baby, William Sander Edson, born on Wednesday, March 16th! Send cards of joy to: 267 Falmouth Road Falmouth, ME 04105.
- Please pray for Carol Kauffman's lifelong friend, Abigail H. Leighton, as she adjusts to living in memory care.
- Please pray for James Smith's comfort and for his parents, Jim and Kaye, who need strength, patience and discernment. Cards but no phone calls please: 127 Winn Road Falmouth, Maine 04105.
- Please pray faithfully for all in this world who suffer from violence in their homes and violence in their communities and countries. Please pray compassionately also for the persecutors, that they may repent and change their ways.
- Please thank God that Pastor Diane Bennekamper is our substitute Ordained Pastor and that Ray Cornils is our substitute organist and choir director for four weeks this April and May!
- Please pray steadfastly for Terri Collins who notices a bit of improvement but has many significant symptoms of long-haul COVID. Cards: 295 Falmouth Road Falmouth, Maine 04105
- Please pray for Ginny Hamilton. Ginny has stabilized and is out of hospice care. Cards: 300 Spring Street Room King 4A Springbrook Center, Westbrook, Maine 04092
- Please pray for Norm and Bee O'Brien who have enjoyed 67 years of marriage but currently, due to health difficulties, need to live apart with Bee at Falmouth By the Sea and Norm at their home in Falmouth.
- Please keep praying for Sally Emery who is working to regain mobility and adjust to life after two strokes. Please give her joy by sending a card to: P.O. Box 102 Gray, ME 04039.

Dear Church Family,  
Just a note to thank you all for remembering me with cards and flowers - all so thoughtful and appreciated.

I do miss being there and all my nice friends there for over the years, especially the Evening Guild. Please give my best to them, too.

I am luck to be where I am but it's not like "home"! I also appreciate the mail you still send me. Again, Thank you so much.

Sincerely, Christine Pfeffer

Dear FCC Community,  
Thank you so much for making the church kitchen available to me and my crew of volunteers.

It was the perfect space for rolling, filling and baking 30 dozen piroshki! I'm pleased to say the Piroshki for Peace effort was a success, and I just sent off a \$1500 donation to World Central Kitchen to support their efforts of feeding people in Ukraine (and beyond). Your community-mindedness made this possible, and I'm enormously grateful.

With Thanks, Jessica Battilana





# May 2022 Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10 AM Worship with Communion with Nancy Wines-DeWan 7 pm Troop 93	2 12 PM Bible Study 6 PM Steering Committee Fiddle-icious 7 PM Fiddle-icious 7 PM Worship & Covenant	3 11 AM Staff Mtg 6 PM -9 PM Caron Treatment Centers talk on Betrayal Trauma	4 12 PM Women's Spiritual Book Club 6:45 PM Private Group	5 8:30 Ecumenical Clergy Meeting 6:30 PM Ministry of Missions 7 PM Troop 93	6	7
8 10 AM Worship In-person or Online with Ray Cornils	9 12 PM Bible Study 6:30 PM Scotland Fiddle-icious	10 11 AM Staff Mtg 6 PM Family Restored 6:30 PM Cub Scouts	11 6:45 PM Private Group	12 7 PM Finance meeting 7 PM Troop 93	13	14
15 10 AM Worship In-person or Online with Ray Cornils 11:30 Council of Ministries	16 Congregator Deadline 12 PM Bible Study 7 Fiddle-icious	17 11 AM Staff Mtg 6 PM Family Restored	18 6:45 PM Private Group	19 6 PM Falmouth Writer's Group 7 PM Troop 93	20	21
22 10 AM Worship with Women in Harmony 2 PM Christina Morrill Piano Rehearsal	23 12 PM Bible Study 6:30 PM Scotland Fiddle-icious	24 11 AM Staff Mtg 6 PM Family Restored	25 6:45 PM Private Group	26 7 PM Troop 93	27	28
29 10 AM Worship In-person or Online	30 Memorial Day - Office Closed 12 PM Bible Study	31 11 AM Staff Mtg 6 PM Family Restored				

### Ushers

1 - Jim Parr & Randy Boardway  
8- Karin Kurry & Lauren Jordy  
15 - Steve & Kim Hendry  
22 - Mark & Peggy Horton  
29 - Larry & Sue Perry

### Liturgists

1 - Jim Scherer  
8- Laurie Davis  
15 - Virginia Eddy  
22 - Mark Horton  
29 - Lydia Hill

### May Birthdays

1 - Paul Han  
1 - Anna Sauberlich  
2 - Chan Sinnett  
3 - Andrew Poore  
5 - Gary Scheuchzer  
7 - Terri Collins  
7 - Jane Stegemann  
10 - Everett Lotfey  
11 - Edie Boothby  
11 - Chaz Roth  
12 - Lori Mortensen  
18 - Carol Kauffman  
27 - Ann Sanborn  
27 - Tom Stegemann  
31 - Mollie Mason

# Breakthrough from Betrayal: Healing from Addiction in the Family System

**Date:** Tuesday, May 3, 2022  
**Time:** 6:00-8:00 PM  
**Location:** Falmouth Congregational Church  
267 Falmouth Rd | Falmouth ME 04105  
**Cost:** This is a free event.

This program is designed for all those impacted by addiction, including families, friends and individuals in recovery. At the conclusion of our interaction, participants will have a greater understanding of:

- Betrayal trauma: its origins, nature and impacts
- The challenges to empathy and compassion, including the limitations with shame, codependency and the lack of self and other care
- Optimal coping mechanisms including the host of supportive resources available



Presented by Robert W. Klotz, Jr. PA, CSAT, CPTT-Candidate

Robert Klotz is a physician assistant with 40 years of experience in a wide variety of healthcare settings, including Addiction Medicine. Robert has a busy psychotherapy practice as a Certified Sex Addiction Therapist (CSAT) and continues his ongoing training as a Certified Partner Trauma Therapist (CPTT).

Featuring Kristen Noyes, FNP

Kristen is a Family Nurse Practitioner who works with patients suffering from mental health disorders and addiction. Kristen is an advocate for healthcare professionals suffering from addiction. Kristen has served on the New England Advisory Board for Caron.



Please RSVP by April 26th to June Bare at  
JBare@Caron.org or 610-743-6145



[www.caron.org](http://www.caron.org) | 800-678-2332



This group will use our church as their base this summer!



# AVID 4 ADVENTURE

CLIMB | BIKE | PADDLE | HIKE | PRE K-12 CAMPS

We empower kids to choose active outdoor lifestyles.



**TRADE THE SCROLLING  
FOR SOME STROLLING**



Our Pre K – 12 summer camps help kids gain confidence, make friends, and develop new skill sets. We offer day camps and extended overnight programs that include daily adventures in our core sports: paddling, biking, rock climbing, backpacking/ hiking.



VISIT [AVID4.COM](http://AVID4.COM) FOR MORE INFORMATION | 720-249-2412 | @AVID4ADVENTURE





Falmouth Congregational Church  
United Church of Christ  
267 Falmouth Road  
Falmouth, ME 04105  
Phone: 207-781-3413  
Email: officemanager@falmouthcongregationalchurch.org  
Website: www.falmouthcongregationalchurch.org

## Falmouth Congregational Church United Church of Christ

### Ministries

Kim Hendry  
Chair, Council of Ministries

Kristen Tripp  
Chair, Ministry of Christian  
Education

Jane Stegemann  
Ministry of Community Life

Matthew Strobel  
Chair, Ministry of Facilities

Steve Hendry  
Chair, Ministry of Missions

Virginia Eddy & Larry Perry  
Ministry of Worship & Covenant

### Church Staff

Rev. Amelia Edson, Settled Pastor  
Katharina Roderick, Office Manager, Newsletter Editor  
Laura Rosenberg, Office Assistant  
Matthew Strobel, Sexton and Property Manager  
Jane Stegemann, Minister of Visitation  
Kristen Tripp, Christian Education  
Anna Dube, Nursery Caregiver  
Jack Gervais, Tech Assistant

### Officers

Kim Hendry, Moderator  
Anne Coleman, Vice Moderator  
Laurie Davis, Clerk  
Paul Davis, Treasurer  
Gini Medford, Financial Secretary  
Carol Kauffman MSN, RN, Faith Community Nurse